

Attachment 1: Literature search strategy

Categories of Criteria Catalogue	Sources	Search Terms	Search Period
Preventive nutritional knowledge	Official recommendations, including existing guidelines, consensus papers, positions and statements from recognised national and international professional societies such as the German Nutrition Society (Deutsche Gesellschaft für Ernährung e.V.), the Analytical Nutrient Database, the World Health Organization, the German Society for Paediatrics and Adolescent Medicine (Deutsche Gesellschaft für Kinder- und Jugendmedizin e.V.), and the Federal Centre for Nutrition (Bundeszentrum für Ernährung) PubMed, Scopus	nutrition*, eat*, intake*, doctor*, physician*, pediatric*, fat*, protein*, vegetables*	2010-2023
Communication competencies	PubMed, Scopus	skill*, communicat*, doctor*, physician*, pediatric*	2013-2023
Nutrition counselling competencies	PubMed, Scopus	Effective counsel* method, Effective counsel* pediatric, Effective counsel* diet, Effective counsel* lifestyle, Successful* lifestyle change, Lifestyle change pediatric*, Prevent* obes* pediatric*	2003-2023
Contextual factors	PubMed	barrier* diet* counsel*, barrier* diet* counsel* pediatric*	2003-2023

PubMed: database of the National Institutes of Health (NIH)